



DELHI PUBLIC SCHOOL, GBN

"The Goal of Education is the advancement of knowledge and the dissemination of truth."

– John F. Kennedy

THIS NEWS LETTER APPRISES YOU OF THE ONGOING EVENTS OF THE SCHOOL IN THE MONTH OF JULY-2017.

CLASS II ASSEMBLY



"Eid – ul – Fitr is a festival of joy, celebrated after the month long fasting of Ramadan. The significance of this festival is to bring people together in harmony and gratitude" - The essence of this festival was beautifully enacted by the students of **Classes 2 I and 2 G** on **July 11, 2017** in the **School Amphitheatre**, wherein they sang a very mesmerizing song and dazzled everyone with their grace and elegance during their dance performance. The skit depicted the values of sharing and caring. The children quite enjoyed the Quiz on EID. It is rightly said "What we learn with pleasure, we never forget".

The Nutrition Week -Importance of Water



Nutrition is essential for growth and development, health and well-being. Keeping this in mind, students of **Classes 1 & 2** celebrated **The Nutrition Week** from **July 10 - 14, 2017**. The children were taught the **Importance of Water**. The classes

resonated with enthusiasm when fun facts on drinking water were shared with the children. They enjoyed colouring on worksheets and loved maintaining a chart on their intake of water. The highlight of the day was making the lemonade juice, wherein most children participated. These play way methods enhanced their power of imagination and encouraged a complete freedom of expression.

MY FAVOURITE DISH / FRUIT



"Fruits and vegetables are packed with essential vitamins, minerals and fibre. By eating plenty of them every day, we can fight various diseases."

These were few lines heard in most **Classrooms**. The class activity **My favourite Dish / Fruit** was held on **July 11, 2017**, wherein the children enjoyed sharing these fun facts with their friends. They had fun showing off the fruits / favourite dishes they had got for the same. This activity was not only informative but also helped foster public speaking skills in children as well.

What is Good for My Teeth?

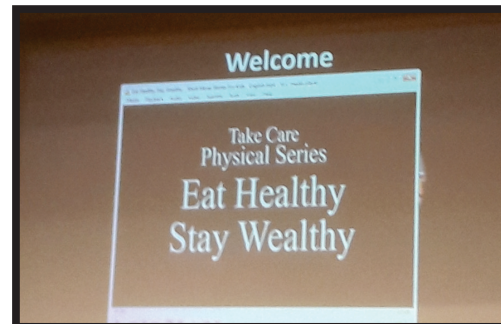


"There is nothing more beautiful than your smile". Good oral and dental hygiene can help prevent bad breath, tooth decay and gum disease. **Classes 1 & 2** organized an activity on the topic, **What is**

good for our teeth? on **July 13, 2017** wherein, the children made a collage of healthy and unhealthy food items in accordance with healthy / decayed tooth. These critical thinking activities helped them to use logical steps to arrive at appropriate conclusions.

Workshop on NUTRITION

Nutrition refers vitamins and minerals in the diet that are vital to boost immunity and healthy development. A **Workshop on Nutrition** was conducted on **July 14, 2017** in the **School Auditorium**, wherein facts were shared with the children on eating the right kind of fats, carbohydrates and calories for a healthy body with the help of a video. Regular physical activity helps build and maintain strong, healthy muscles, bones and joints. This was emphasized by a few children performing yoga asana. This workshop encouraged the children to focus on eating healthy and staying fit.



My Healthy Heart Craft



"Health is wealth." **The Nutrition Week** concluded on **July 15, 2017** on a very healthy note. A craft activity was conducted to emphasise the interconnection between heart, health and healthy eating habits. This along with a powerful power point presentation in class summarized all the

activities done throughout the week. The activities helped in inculcating good habits amongst children which will remain with them lifelong.

Class I Assembly



Eid ul-Fitr, the festival celebrated worldwide marking the end of Ramadan, the Islamic holy month of fasting was portrayed enthusiastically in the **Class I G Assembly** on **July 27, 2017** which was held

in the **School Amphitheatre**. The event showcased Eid as an amalgamation of various celebrations associated with the festival like victory, harvest and remembrance. The performance by our scholars included the ceremonial dance and music which left their peers and teachers spellbound.